GLOBAL HEALTH CONFERENCE

9th Global Health Conference

Projeto VIVABEM NO SERTÃO
Cuidado Integral a Pessoas com Diabetes e Hipertensão

Interventions and Lessons Learned from Community-based Diabetes Experiences **Project: "Viva Bem no Sertão"**

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“Viva Bem no Sertão”

=

“Live well in the backlands”

Objective

Create a care system that provides integral attention to 18 years or older patients with Diabetes Mellitus (DM) and Systemic Arterial Hypertension (AH), in the Taua Health Region, in the State of Ceara, Brazil.

State of Ceara and Taua Region

Tauá City

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Scenario

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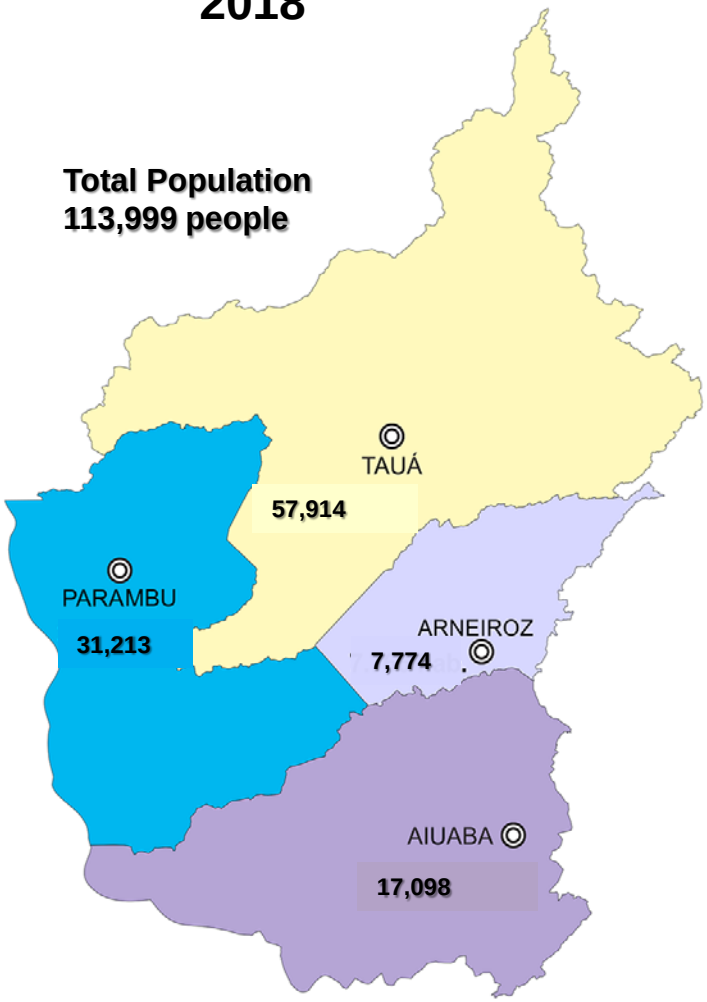
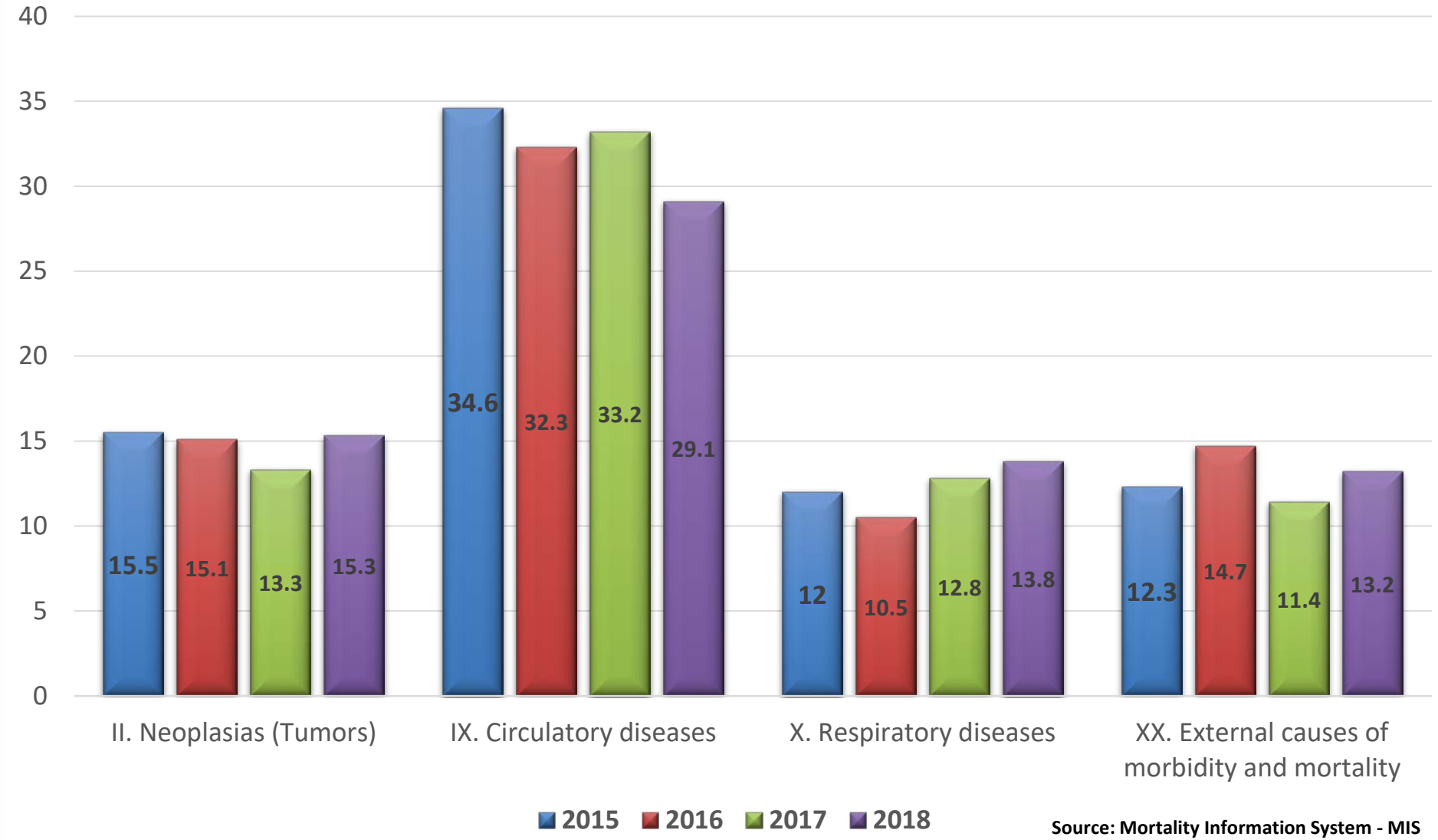
2018



Mortality rate by major causes (ICD Chapter 10), cities of the Taua City Health Region, from 2015 to 2018



Source: Mortality Information System - MIS


Goals
Develop a care system
Qualify 80% of PHC professionals (trainning)
Create the Diabetic Foot Ambulatory
Implement clinical guidelines
Qualify 8 Family Teams for the first attention to gestational diabetes and gestational hypertensive disease
Risk stratification for 100% of the target population
Provide equipment for 100% of the Basic Health Units and Taua Policlinic
Increase diabetics detection by 50%
Provide retinography examination to all diabetic patients (Quixada Region)

Methodology

State Strategic Plan to Treat Chronic Non-Communicable Diseases

- Advocacy meetings
- Assistenship
- Health promotion
- Diabete & Hypertension prevention
- Tematic meetings
- Equipment acquisition

Workshops

All health professionals

2 days meetings

Focus groups + whole group discussion

Always ended in an agreement and action plan.

Workshops

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Integral self-care

Assisted self-care

Workshop 1

Workshop 6

Population Screening – Findrisk, by Community Health Agents

Risk stratification (DM and/or AH)

Workshop 3

Workshops

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Workshop 8

Clinical examination of high/very high risk diabetic and hypertensive patients

Clinical examination of diabetic or hypertensive gestational patients

Workshop 5

Workshops

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Workshop 2

Diabetic Foot

Workshop 7

Care System

Workshop 4

Oftamologic Evaluation

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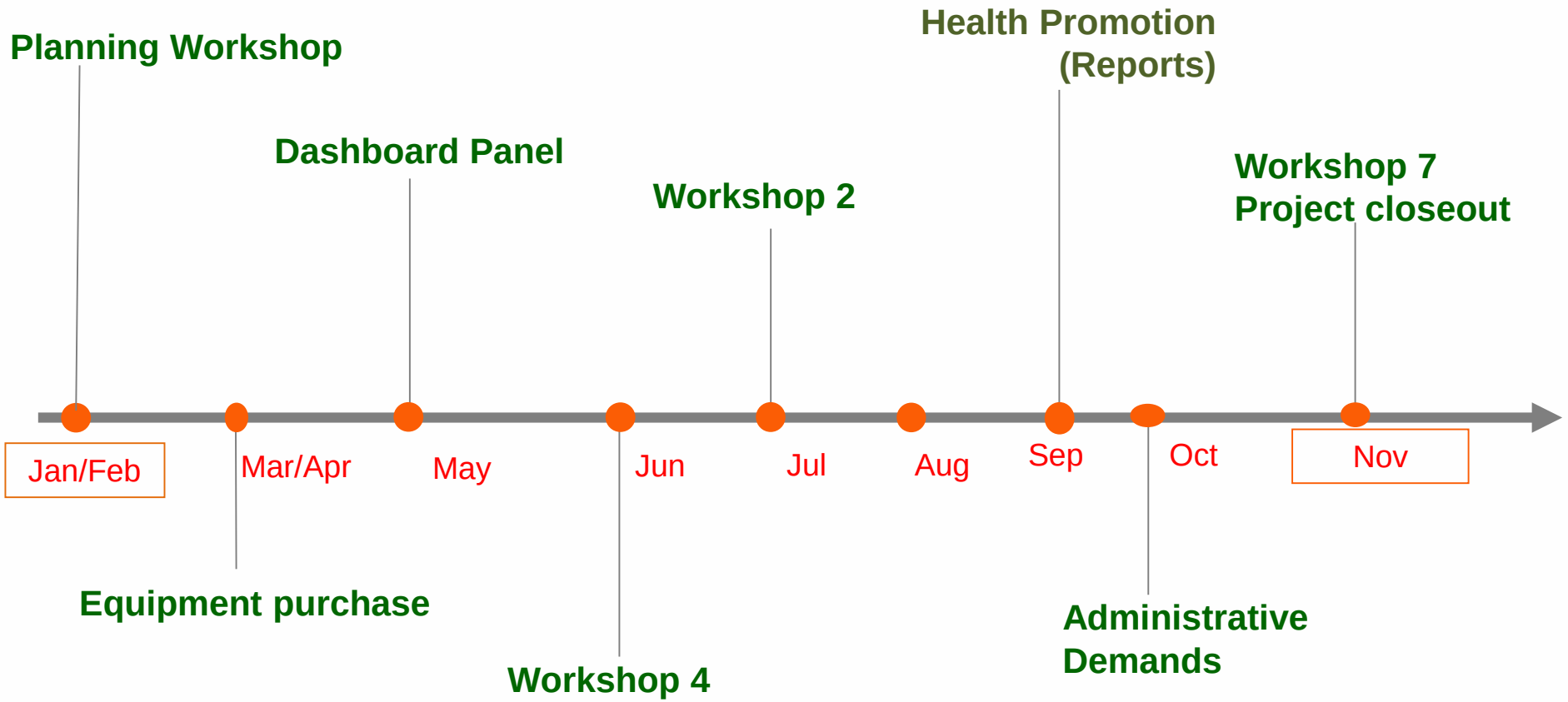
Timeline

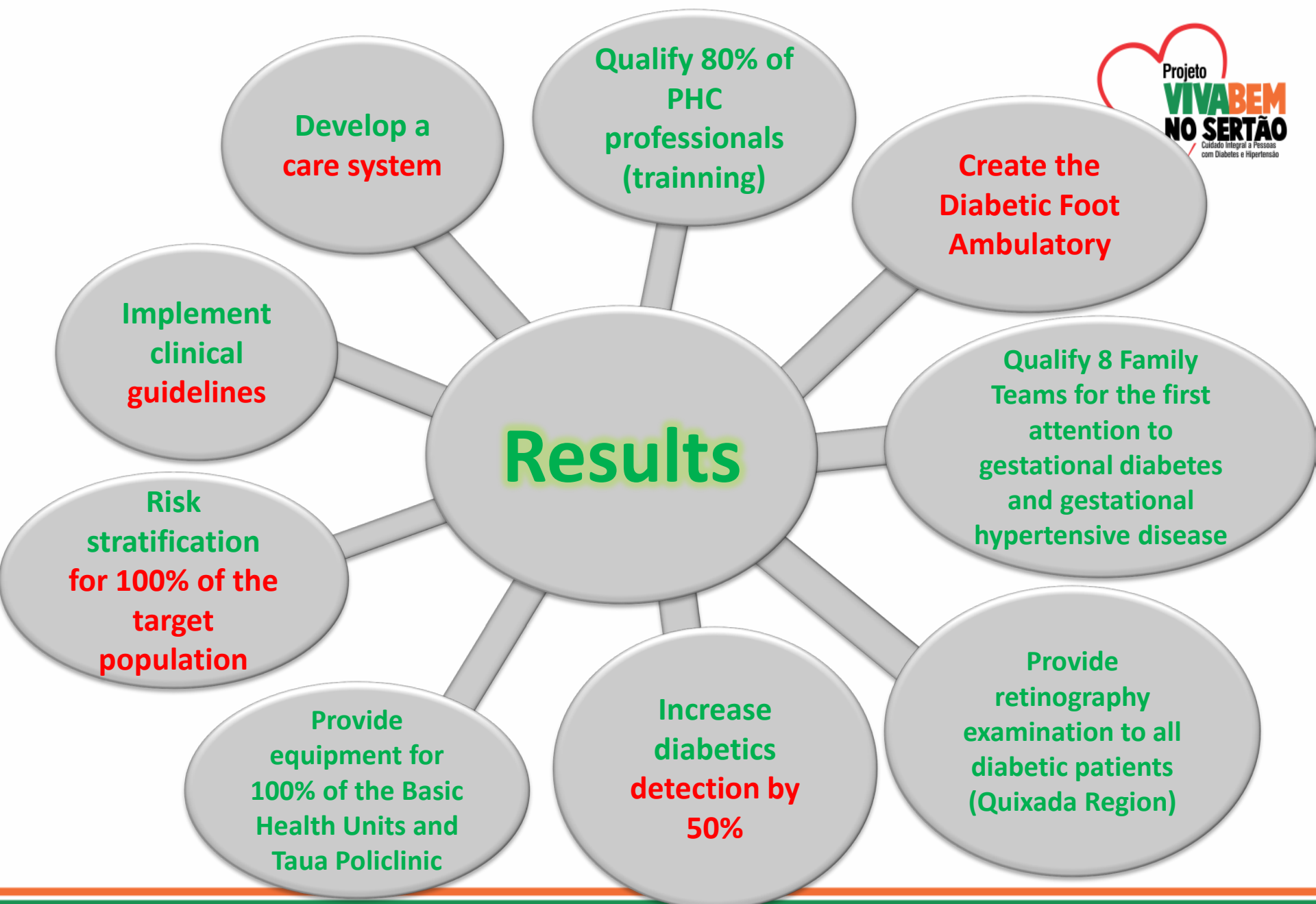
Year: 2017

Timeline

Year: 2018



Equipment purchase
Dashboard panel migration


Projeto VIVABEM NO SERTÃO
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Develop a care system
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Results
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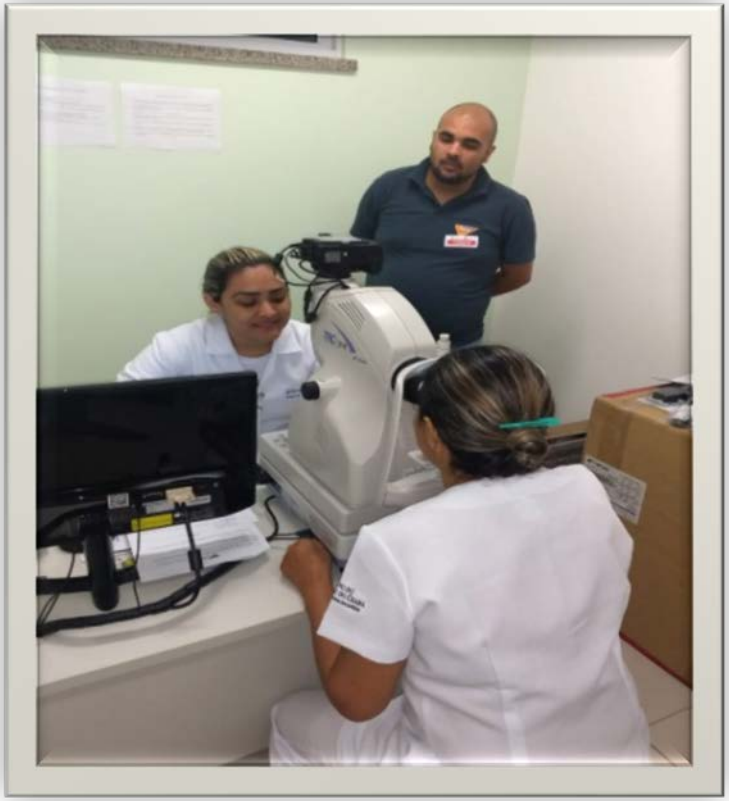
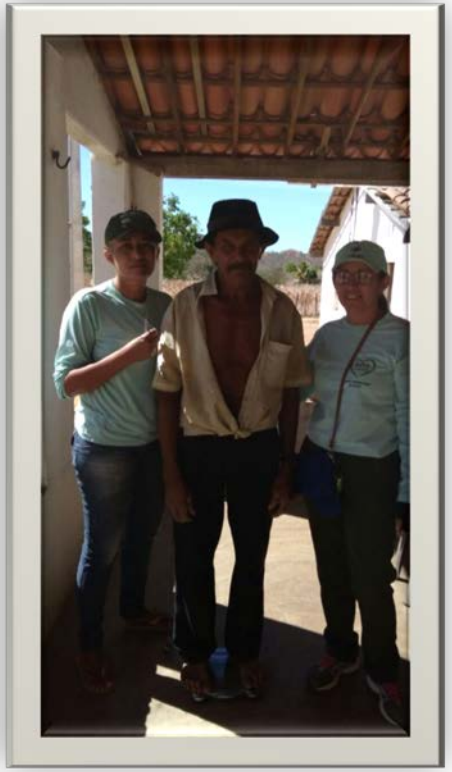
Provide Retinography Examination



Findrisk - Community Health Agents in Action



Project Challenges

- Processes completely dependent on local government
- Politics issues (Taua Mayor under investigation)
- Lack of culture of being monitored and evaluated
- Burocracy and delays on the bidding processes:
  - Dashboards
  - Purchase of equipments

Challenges for project continuation

- Integration between Primary Care and Specialized Care
  - Unified system among care levels (regulation)
  - Traditional service model
- Prescription availability
- Validation of clinical guidelines for public release

What would we do differently?

- Implement the monitoring tasks at the project start (the dashboard panel)
- Equipment delivery at project start
- Electronic record (not planned)

Next Steps

- Focus on specialized care
  - Integration PHC x Specialized
  - Rethinking the model of Specialized Ambulatory Care
    - *Operative groups
    - *Shared service with multiprofessional team
    - *Self-care workshops
- Emphasize importance self-management of care

Partners

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ESCRITÓRIO REGIONAL PARA AS Américas

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Secretaria da Saúde

Centro Integrado de Diabetes e Hipertensão (CIDH)

Secretarias Municipais da Saúde de Arneiroz, Aiuaba, Parambu e Tauá

Coordenadorias Regionais de Saúde de Canindé, Quixadá e Tauá.

Consórcio Público de Saúde da Microrregião de Tauá - CPSMT

“I’m applying the project “Viva Bem no Sertão” in my life”

Parambu City Family Physician

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